

Lunenburg ROAR Task Force

Active Planning Task Force as of October 2018:

Deb Anderson: Retired nursing home social worker

Samantha Bridgman: Writer

Dr. Ingrid Cruse: Leominster Pediatrician

Susan Diamantopoulos: Retired Teacher

The Rev. Ernie Farrar: Pastor at the United Parish of Lunenburg

Dr. Daron Massey: Child and Adolescent Psychiatrist

Tara Rivera: Treatment Advocate, Recovery Centers of America

The Rev. Ryan Sarenpa: Pastor of Pilgrim Covenant Church

Minna Scholten: Dietitian Nutritionist, Acorn Nutrition

Adam Weber: United Parish of Lunenburg, MIHN Board Chair

Ruth Ann White: Retired Church Educator, School Social Worker

Brad McNamara: Lunenburg Police Officer

Support From:

Michelle Belleza: Director of Lunenburg Boys & Girls Club

Dr. Kate Burnham: Superintendent, Lunenburg Public Schools

Sue Cavioli: Counselor, Lunenburg High School

Tina Cooney: SADD Advisor, Administrative Secretary LHS

Kate Duffy: Recovery Coach

Carolyn Finch: LHS Nurse, Wellness Advisory Committee

Dr. Catherine Jaffee: Addiction Psychologist

Noelle Jordan: LICSW, Training4Recovery

Robert McGrath: Interim Principal, Lunenburg High School

Jaime Millet: Social Worker/Adjustment Counselor LHS

Gratitude to:

Lunenburg Walmart for providing a generous grant to ROAR that has enabled us to bring Dr. Potee to our town.

Lunenburg Family Lions Club for helping to pay for lawn signs.

We welcome new members to the Task Force as we continue to present topics helpful to the community of Lunenburg as we deal with the epidemic of substance use. Message us on FB and we will let you know the date and time of our next planning meeting. Let us know what topics you would like us to address or send us feedback about tonight's presentation.

<https://www.facebook.com/LunenburgROAR/>
lunenburg.roar@gmail.com



ROAR'S PURPOSE:

- ❖ **Increase awareness** of the problem of substance use and addiction.
- ❖ **Provide fact-based information** to encourage healthy choices and safe decisions
- ❖ **Provide information about support and resources** to those in active addiction or in recovery, as well as their families, and members of the community.

NOVEMBER 1, 2018

6:00pm Resource Tables & Refreshments

6:30pm presentation

DR. RUTH POTEE

SUBSTANCE USE AND THE TEENAGE BRAIN

AKA the Physiology of Addiction

at Lunenburg Middle/High School auditorium

RESOURCES

Local Clinicians who will guide you

Noelle Jordan, LICSW Noelle@Training4Recovery.com
617-642-1176 Lunenburg

Dr. Daron Massey www.communityhealthlink.org
610-400-7171 Leominster

Tara Rivera tmrivera@recoverycoa.com
978-870-7734 Recovery Centers of America, Westminster

Lunenburg Police:

Brad McNamara, School Resource Officer
978-582-4159

Helpful Links:

NEW! INTERFACE is a referral helpline that the town of Lunenburg has contracted with. It is available to **ALL Lunenburg residents and students attending Lunenburg Public Schools to find therapy or treatment for mental health issue or substance use issue.**
<https://interface.williamjames.edu/community/lunenburg>

Mass Substance Abuse Information & Education Helpline
<http://www.helpline-online.com>
800-327-5050

Office of Worcester County District Attorney Joseph D. Early, Jr.
<http://worcesterda.com/opioid-task-force>
508-755-8601 info@worcesterda.org

The Center for Motivation and Change
<https://motivationandchange.com/>

Partnership for Drug Free Kids
<https://drugfree.org/>
<https://drugfree.org/article/skills-to-help-your-child-and-family-heal/>

RESOURCES

Learn to

Peer Recovery groups for families dealing with addiction
Gardner - Heywood Hospital
Tue 7-8:30pm
Worcester – ADCARE Hospital
Thu 7-8:30pm
<http://www.learn2cope.org>
508-738-5148

Assist*Educate*Defeat Foundation

Addiction & Recovery Support Services
Michelle Dunn
www.aedfoundationinc.org
info@aedfoundationinc.org
PO Box 67 Westminster

Tipping Point – Shirley, MA

Kate Duffy, Recovery Coach
<https://www.facebook.com/tippingpointrecovery/>

Understanding Addiction & Recovery

Peer Support Group for family & friends
Mon 6:30-8:00 pm
UMass Memorial HealthAlliance Hospital, Leominster Campus
60 Hospital Rd, Conf Rm 1
Recovery@LUK.org

Comprehensive Treatment Center

Suboxone & Methadone Clinic
155 Airport Rd, Fitchburg
<http://www.fitchburgctc.com/>
978-627-4182

UMassMemorial Community Healthlink

40 Spruce St., Leominster
Helping adults, children & families to recover from the effects of mental illness, substance use & homelessness
<http://www.communityhealthlink.org/chl/>
508-860-1000

LUK, Inc.

Behavioral Health Clinic
545 Westminster St., Fitchburg
<http://www.luk.org/>
978-345-0685

BSAS Bureau of Substance Abuse Services

Video and articles for parents
<http://www.mass.gov/eohhs/gov/departments/dph/programs/substance-abuse/publications/parents.html>

Narcotics Anonymous

12 step meetings
Leominster/Fitchburg
<https://www.nerna.org/meetings/search/zip>

Alcoholics Anonymous

12 step meetings on M, W, F, S
United Parish of Lunenburg
Church lower level
www.aaworcester.org
508-752-9000