

Lunenburg ROAR Task Force

Active Planning Task Force as of August 2018:

Deb Anderson: Retired nursing home Social Worker

Dr. Ingrid Cruse: Leominster Pediatrician

Susan Diamantopoulos: Retired Teacher

The Rev. Ernie Farrar: Pastor at the United Parish of Lunenburg

Dr. Daron Massey: Child and Adolescent Psychiatrist

Melissa Phetsomphou: Community Member

Tara Rivera: Community Development, Recovery Centers of America

The Rev. Ryan Sarenpa: Pastor of Pilgrim Covenant Church

Adam Weber: United Parish of Lunenburg, MIHN Board Chair

Ruth Ann White: Retired Church Educator

Brad McNamara: Lunenburg Police Officer

Support from:

Michelle Belleza: Director of Lunenburg Boys & Girls Club

Dr. Kate Burnham, Superintendent, Lunenburg Public Schools

Sue Cavioli: Counselor, Lunenburg High School

Tina Cooney: SADD Advisor, Administrative Secretary LHS

Carolyn Finch: LHS Nurse, Wellness Advisory Committee

Dr. Catherine Jaffee: Addiction Psychologist

Noelle Jordan: LICSW, Training4Recovery

Robert McGrath, Principal, Lunenburg High School

Jaime Millet: Social Worker/Adjustment Counselor LHS

Gratitude to:

Lunenburg Walmart for providing a generous grant to ROAR that has enabled us to host Kate Duffy this evening

We welcome new members to the Task Force as we continue to present topics helpful to the community of Lunenburg as we deal with the epidemic of substance use. Message us on FB and we will let you know the date and time of our next planning meeting.

<https://www.facebook.com/LunenburgROAR/>
Lunenburg.roar@gmail.com



ROAR'S PURPOSE:

- **Increase awareness** of the problem of substance use and addiction.
- **Provide fact-based information** to encourage healthy choices and safe decisions
- **Provide information about support and resources** to those in active addiction or in recovery, as well as their families, and members of the community.

APRIL 30, 2019

6:00pm Resources Tables & Refreshments

6:30pm presentation

KATE DUFFY

INTERVENTIONIST & RECOVERY COACH

“RECOVERY CONVERSATIONS”

at Lunenburg Middle/High School auditorium

RESOURCES

Local Clinicians who will guide you

Noelle Jordan, LICSW - Noelle@Training4Recovery.com

617-642-1176 Lunenburg

Dr. Daron Massey - www.communityhealthlink.org

610-400-7171 Leominster

Tara Rivera - tmrivera@recoverycoa.com

Recovery Centers of America, Westminster

978-870-7734

Lunenburg Police:

Brad McNamara, School Resource Officer

978-582-4159

Helpful Links:

NEW! INTERFACE is a referral helpline that the town of Lunenburg has contracted with. It is available to **ALL Lunenburg residents and students attending Lunenburg Public Schools to find therapy or treatment for mental health issue or substance use issue.**

<https://interface.williamjames.edu/community/lunenburg>

Mass Substance Abuse Information & Education Helpline

<http://www.helpline-online.com>

800-327-5050

Office of Worcester County District Attorney Joseph D. Early, Jr.

<http://worcesterda.com/opioid-task-force>

508-755-8601 info@worcesterda.org

The Center for Motivation and Change

<https://motivationandchange.com/>

Partnership for Drug Free Kids

<https://drugfree.org/>

<https://drugfree.org/article/skills-to-help-your-child-and-family-heal/>

RESOURCES

Learn to Cope

Peer Recovery groups for families

dealing with addiction

Gardner - Heywood Hospital

Tue 7-8:30pm

Worcester – ADCARE Hospital

Thu 7-8:30pm

<http://www.learn2cope.org>

508-738-5148

Assist*Educate*Defeat Foundation

Addiction & Recovery Support Services

Michelle Dunn

www.aedfoundationinc.org

info@aedfoundationinc.org

PO Box 67 Westminster

Tipping Point – Shirley, MA

Kate Duffy, Recovery Coach

<https://www.facebook.com/tippingpointrecovery/>

Recovery Conversations

Parent Support Group

Wed 6:30 pm

Leominster Hospital

Matt Taylor, LUK, Inc.

978-423-1407

Comprehensive Treatment Centers

Suboxone & Methadone Clinic

155 Airport Rd, Fitchburg

<http://www.fitchburgctc.com/>

978-627-4182

UMassMemorial Community Healthlink

40 Spruce St., Leominster

Helping adults, children & families to recover from the effects of mental illness, substance use & homelessness

<http://www.communityhealthlink.org/chl/>

508-860-1000

LUK, Inc.

Behavioral Health Clinic

545 Westminster St., Fitchburg

<http://www.luk.org/>

978-345-0685

BSAS Bureau of Substance Abuse Services

Video and articles for parents

<http://www.mass.gov/eohhs/gov/departments/dph/programs/substance-abuse/publications/parents.html>

Narcotics Anonymous

12 step meetings

Leominster/Fitchburg

<https://www.nerna.org/meetings/search/zip>

Alcoholics Anonymous

12 step meetings on M, W, F, S

United Parish of Lunenburg

Church lower level

www.aaworcester.org

508-752-9000